

Four + One Basic Rhythms in Poetry

Conversational

IAMBIC sounds like...ni-COLE, ma-RIE, the MAN, ar-RIVE, to-DAY

This rhythm most closely resembles human speech, is good for story telling, reflecting.

Breathe

The Heart of Worship/chorus

Amazing Love

TROCHAIC sounds like...WOR-ship, JE-sus, ROB-ert, JAN-et

This rhythm is most often used in rock, reggae, and rap, is also a driving rhythm, most closely resembles the heartbeat.

Highway of Worship *High Way of Worship*

Stand Up and Give Him the Praise

Lord, You Are/chorus

DACTYLLIC sounds like...MAR-ve-lous, BEAU-ti-ful, JEN-ni-fer, BROCCO-li

This rhythm is a waltz rhythm 1-2-3, is dreamlike, surreal.

Unto the King

Great Is the Lord

Break Dividing Walls

ANAPESTIC sounds like...as-cer-TAIN, a-pro-POS, by the MOON, al-ley-OOP

This is also the rhythm of rock and rap, is rebellious, meant to shake/stir up.

The Heart of Worship/verse

Gates of Praise/chorus

Holy Sprit You Are Awesome/Bridge 1 and 2

Satisfaction

SPONDAIC sounds like...DON'T GO, STAY HERE, MY GOD, BE STILL

This rhythm is interspersed with the other basic rhythms for emphasis, to slow down the line.

SHOUT TO THE LORD

Where the Spirit of the Lord is/THERE IS FREEDOM

GREAT IS HE

*Alt. of strong, repeated notes
— mingling other rhythms —*